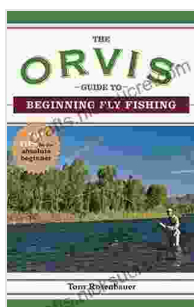


# The Orvis Guide To Beginning Fly Fishing



Fly fishing is a challenging but rewarding sport that can be enjoyed by people of all ages and skill levels. This guide will provide you with everything you need to know to get started, from choosing the right gear to casting your first fly.



## The Orvis Guide to Beginning Fly Fishing: 101 Tips for the Absolute Beginner (Orvis Guides) by Tom Rosenbauer

★★★★☆ 4.6 out of 5

Language : English  
File size : 41105 KB  
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Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled



## Choosing The Right Gear

The first step to getting started with fly fishing is choosing the right gear. This includes a fly rod, reel, line, and flies. Here are a few tips to help you choose the right gear:

- **Fly rod:** The fly rod is the most important piece of gear in fly fishing. It is important to choose a rod that is the right length and weight for you. If you are a beginner, a rod that is 8-9 feet long and weighs 5-6 ounces is a good choice.
- **Reel:** The reel is used to store the fly line. It is important to choose a reel that is the right size for your rod. A reel that is too small will not be able to hold enough line, and a reel that is too large will be too heavy and cumbersome.
- **Line:** The fly line is used to cast the fly. There are many different types of fly lines available, so it is important to choose one that is right for your needs. If you are a beginner, a floating line is a good choice. Floating lines are easy to cast and they stay on the surface of the water, making it easier to see your fly.
- **Flies:** Flies are the lures that you use to catch fish. There are many different types of flies available, so it is important to choose ones that are right for the fish you are trying to catch. If you are a beginner, a selection of general-purpose flies is a good choice.

## Casting Your First Fly

Once you have chosen the right gear, it is time to learn how to cast your first fly. Casting a fly is a skill that takes practice, but it is not as difficult as it may seem. Here are a few tips to help you get started:

- **Hold the rod in your dominant hand and the reel in your non-dominant hand.** The grip should be comfortable and secure.
- **Strip out some line from the reel and let it hang below the rod tip.** The amount of line you strip out will depend on the length of your cast.
- **Raise the rod tip and bring the fly back behind you.** As you do this, keep the line taut.
- **Swing the rod forward and release the line.** The fly will shoot out in front of you.
- **Keep the rod tip up and follow the fly with your eyes.** As the fly sinks, mend the line to keep it straight.

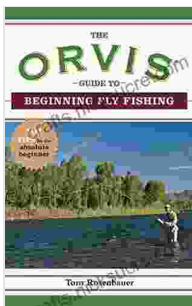
## Tips For Beginners

Here are a few tips for beginners to help you get the most out of your fly fishing experience:

- **Start out in a calm, shallow area.** This will give you a chance to practice your casting without having to worry about wind or currents.
- **Use a variety of flies.** This will help you learn what types of flies are most effective for the fish you are trying to catch.
- **Be patient.** Fly fishing takes time and practice to master. Don't get discouraged if you don't catch any fish on your first few outings.

- **Have fun!** Fly fishing is a great way to relax and enjoy the outdoors.

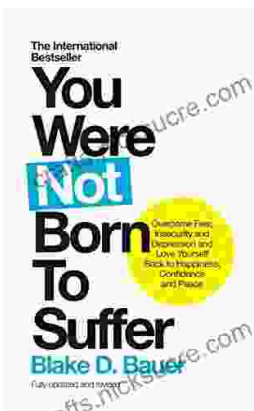
Fly fishing is a challenging but rewarding sport that can be enjoyed by people of all ages and skill levels. This guide has provided you with everything you need to know to get started, from choosing the right gear to casting your first fly. With a little practice, you will be able to master the basics of fly fishing and enjoy this great sport for years to come.



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