

NBDHE Dental Hygienist Practice Exam Plus Flash Card Study System Testing Tips

The NBDHE, or National Board Dental Hygiene Examination, is a standardized exam that all dental hygiene students must pass in order to become licensed. The exam is administered by the Joint Commission on National Dental Examinations (JCND) and is offered twice a year, in January and July.

The NBDHE is a challenging exam, but with the right preparation, you can increase your chances of success. Here are some tips to help you prepare for the NBDHE:



NBDHE Dental Hygienist Practice Exam Plus Flash Card Study System, Testing Tips & Review by Sharon Boyd

★★★★☆ 4 out of 5

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Enhanced typesetting : Enabled
Print length : 594 pages
Screen Reader : Supported



1. Start studying early

The NBDHE is a comprehensive exam that covers a wide range of topics. It is important to start studying early to give yourself plenty of time to review

all of the material. Begin by creating a study schedule that will allow you to cover all of the topics in the exam.

2. Use a variety of study materials

There are a variety of study materials available to help you prepare for the NBDHE. These materials include practice exams, flash cards, and textbooks. Use a variety of materials to keep your studies interesting and to help you retain information.

3. Take practice exams

One of the best ways to prepare for the NBDHE is to take practice exams. Practice exams will help you identify your strengths and weaknesses and will give you a better idea of what to expect on the actual exam.

4. Use flash cards

Flash cards are a great way to memorize information. Create flash cards for all of the important concepts that you need to know for the NBDHE. Review your flash cards regularly to help you retain information.

5. Get a good night's sleep before the exam

It is important to get a good night's sleep before the NBDHE. This will help you to be well-rested and focused on the exam.

6. Eat a healthy breakfast before the exam

Eating a healthy breakfast before the NBDHE will help you to stay energized and focused during the exam.

7. Arrive at the testing center early

Arrive at the testing center early to give yourself plenty of time to check in and get settled. This will help you to reduce stress and anxiety.

8. Stay positive and confident

It is important to stay positive and confident during the NBDHE. Believe in yourself and your ability to succeed. With the right preparation, you can pass the NBDHE and become a licensed dental hygienist.

The NBDHE is a challenging exam, but with the right preparation, you can increase your chances of success. By following these tips, you can prepare for the NBDHE and achieve your goal of becoming a licensed dental hygienist.



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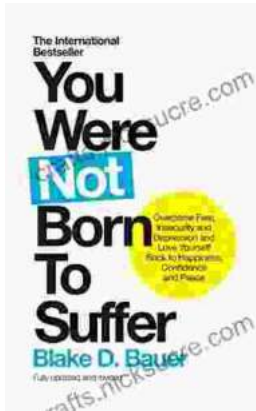
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