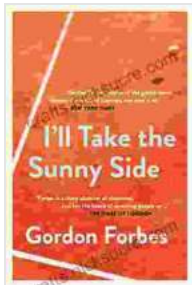


# I'll Take the Sunny Side: A Memoir of Resilience and Triumph

I'll Take the Sunny Side is a memoir by award-winning journalist and author Cindy Kuzma. In this deeply personal and inspiring book, Kuzma shares her story of resilience and triumph after surviving a life-threatening car accident that left her paralyzed from the waist down.

Kuzma's journey is one of extraordinary courage and determination. As a quadriplegic, she has to navigate the challenges of daily life in a wheelchair. But despite the physical and emotional challenges she faces, Kuzma maintains an unwavering optimism and finds joy in the everyday moments of life.



## I'll Take the Sunny Side: A Memoir by Tom Rosenbauer

★★★★☆ 4.5 out of 5

Language : English  
File size : 11868 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 362 pages  
Lending : Enabled



Through her journey, Kuzma learns the importance of self-acceptance, perseverance, and the power of human connection. She also discovers the strength of her own spirit and the resilience of the human body.

I'll Take the Sunny Side is a powerful and inspiring story that will resonate with anyone who has ever faced adversity. It is a testament to the power of the human spirit and the importance of never giving up.

## **A Life-Changing Accident**

Cindy Kuzma was a successful journalist and author when she was involved in a life-changing car accident in 2004. She was driving home from work when her car was struck by a drunk driver. The impact of the crash was so severe that Kuzma was paralyzed from the waist down.

Kuzma spent months in the hospital, undergoing multiple surgeries and rehabilitation. She had to learn how to do everything again, from eating and dressing to walking and driving. It was a long and difficult process, but Kuzma was determined to regain her independence.

## **Living with Paralysis**

After she was discharged from the hospital, Kuzma had to adjust to her new life as a quadriplegic. She had to use a wheelchair to get around, and she had to rely on others for help with many tasks.

At first, Kuzma struggled to cope with her paralysis. She felt angry and frustrated, and she questioned why this had happened to her. But over time, she began to accept her new reality.

Kuzma learned how to drive a wheelchair, and she started to get involved in activities that she could do sitting down. She also found joy in spending time with her family and friends.

## **Finding the Sunny Side**

Despite the challenges she faced, Kuzma refused to let her paralysis define her. She chose to focus on the positive things in her life, and she found ways to live a full and meaningful life.

Kuzma started a blog about her experiences as a quadriplegic, and she soon realized that she had a gift for writing. She began writing for magazines and newspapers, and she even published a book of essays about her life.

Kuzma's writing has helped to inspire many people, and she has become a role model for others with disabilities. She shows that it is possible to live a happy and fulfilling life, even with the challenges of paralysis.

## **A Life of Purpose**

Cindy Kuzma has dedicated her life to helping others. She is a motivational speaker, and she works with organizations that support people with disabilities.

Kuzma is also a passionate advocate for spinal cord injury research. She believes that one day, a cure for paralysis will be found.

Cindy Kuzma is an inspiration to us all. She shows us that it is possible to overcome adversity and live a life of purpose and meaning.

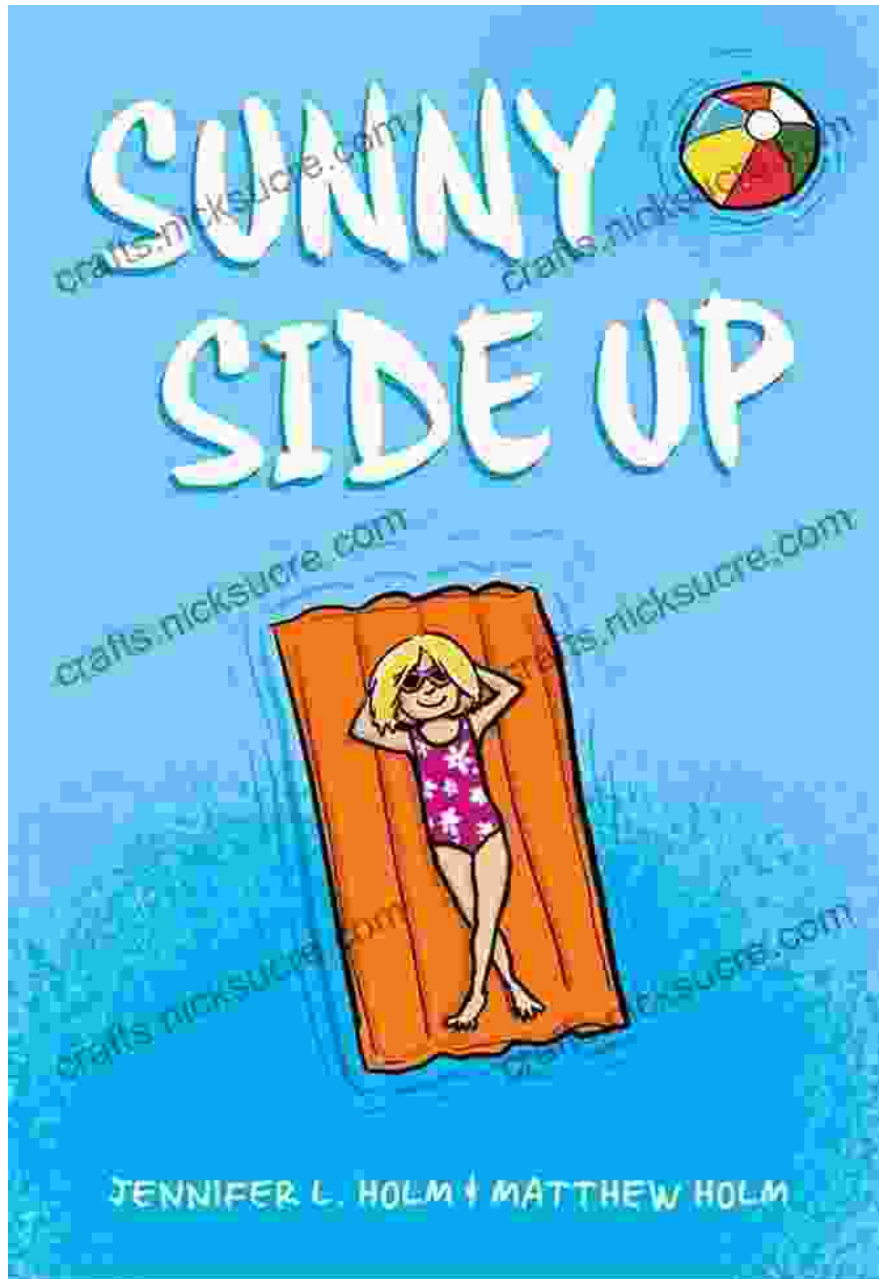
*I'll Take the Sunny Side* is a powerful and inspiring memoir that will resonate with anyone who has ever faced adversity. It is a testament to the power of the human spirit and the importance of never giving up.

Cindy Kuzma is a role model for us all. She shows us that it is possible to live a happy and fulfilling life, even with the challenges of paralysis.

I highly recommend this book to anyone who is looking for inspiration or who is interested in learning more about the challenges and triumphs of living with a disability.

## **Book Details**

- Title: I'll Take the Sunny Side
- Author: Cindy Kuzma
- Publisher: She Writes Press
- Publication Date: March 7, 2023
- : 978-1647422540
- Pages: 304
- Price: \$16.95



## About the Author

Cindy Kuzma is an award-winning journalist and author. She has written for The New York Times, The Washington Post, and The Boston Globe. She is also the author of the memoir I'll Take the Sunny Side.

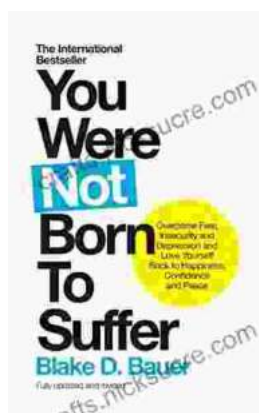
Kuzma is a passionate advocate for spinal cord injury research



## I'll Take the Sunny Side: A Memoir by Tom Rosenbauer

★★★★☆ 4.5 out of 5

Language : English  
File size : 11868 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 362 pages  
Lending : Enabled



## Overcoming Fear, Insecurity, and Depression: A Journey to Self-Love and Happiness

Fear, insecurity, and depression are common experiences that can significantly impact our lives. They can hold us back...



## Tracing the Evolution of Modern Psychoanalytic Thought: From Freud to Post-Freudian Perspectives

Psychoanalysis, once considered a radical concept, has profoundly shaped our understanding of the human mind and behavior. The term "modern psychoanalysis" encompasses the...

