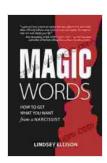
How to Get What You Want From a Narcissist

Narcissists are a challenging group of people to deal with, but it is possible to get what you want from them if you know how to approach them. The key is to understand their psychology and use that knowledge to your advantage.



MAGIC Words: How To Get What You Want From a

Narcissist by Lindsey Ellison

★ ★ ★ ★ ★ 4.3 out of 5 Language : English File size : 1316 KB : Enabled Text-to-Speech Screen Reader : Supported Enhanced typesetting: Enabled : Enabled X-Ray Word Wise : Enabled Print length : 76 pages



: Enabled

Understanding the Narcissist's Psychology

Lendina

Narcissists are characterized by an inflated sense of self-importance, a need for admiration, and a lack of empathy. They are often grandiose, entitled, and manipulative. They may also have a sense of superiority and believe that they are better than everyone else.

It is important to remember that narcissists are not evil or malicious. They are simply trying to protect their fragile egos. They need to feel important and admired, and they will do whatever it takes to get that attention.

Strategies for Dealing with Narcissists

There are a few key strategies that you can use to deal with narcissists and get what you want from them.

- 1. **Be direct.** Narcissists are not good at reading between the lines, so it is important to be direct with them about what you want. Tell them what you need in a clear and concise way.
- Be confident. Narcissists are attracted to confidence. If you are confident in what you want, they are more likely to give it to you. Don't be afraid to stand up for yourself and your needs.
- 3. **Be patient.** Narcissists can be very difficult to deal with. They may try to manipulate you, gaslight you, or even ignore you. It is important to be patient and persistent with them. Don't give up on what you want just because they are being difficult.
- 4. **Set boundaries.** Narcissists love to push buttons, so it is important to set boundaries with them. Let them know what behaviors you will not tolerate and be firm about those boundaries. If they cross your boundaries, don't be afraid to walk away.
- 5. **Don't take it personally.** Narcissists are not trying to hurt you personally. They are simply trying to get what they need. Don't take their behavior personally and don't let it get to you.

It is also important to remember that you are not responsible for the narcissist's behavior. They are the ones who have a problem, not you. Don't let them make you feel guilty or ashamed for wanting something from them.

Getting what you want from a narcissist is not easy, but it is possible if you know how to approach them. By understanding their psychology and using the right strategies, you can get them to give you what you want without sacrificing your own self-respect.



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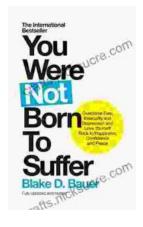
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