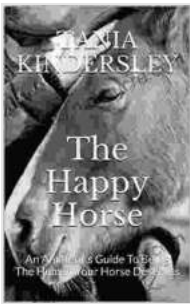


# An Amateur Guide To Being The Human Your Horse Deserves

Horses are amazing creatures that can bring us so much joy and companionship. But in order to have a healthy and happy horse, it's important to be the best human you can be for them. This means providing them with proper care, training, and attention.



## The Happy Horse: An Amateur's Guide To Being The Human Your Horse Deserves by Tamora Pierce

★★★★☆ 4.9 out of 5

Language : English  
File size : 2462 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 163 pages  
Lending : Enabled



In this article, we will provide you with some tips on how to be the human your horse deserves. We will cover topics such as:

- Understanding your horse's needs
- Providing proper care
- Training your horse
- Riding your horse

- Bonding with your horse

## **Understanding Your Horse's Needs**

The first step to being a good horse owner is to understand your horse's needs. This includes understanding their physical, mental, and emotional needs.

**Physically**, horses need a diet that is high in fiber and low in sugar. They also need access to clean water, plenty of exercise, and a safe and comfortable place to live.

**Mentally**, horses are social animals that need interaction with other horses. They also need mental stimulation, such as training and playtime.

**Emotionally**, horses are sensitive animals that can experience a wide range of emotions, including happiness, sadness, fear, and anger. It is important to be aware of your horse's emotions and to respond to them in a way that is respectful and understanding.

## **Providing Proper Care**

Once you understand your horse's needs, you can start to provide them with the proper care. This includes providing them with a healthy diet, plenty of exercise, and a safe and comfortable place to live.

## **Feeding**

The best diet for your horse is one that is high in fiber and low in sugar. Fiber is essential for keeping your horse's digestive system healthy. Sugar can lead to weight gain and other health problems.

There are a variety of different feeds available for horses. The best feed for your horse will depend on their age, activity level, and health. It is important to consult with a veterinarian or equine nutritionist to determine the best diet for your horse.

## **Exercise**

Horses are natural athletes that need plenty of exercise. Exercise helps to keep your horse healthy and fit. It also helps to prevent boredom and destructive behavior.

The amount of exercise your horse needs will vary depending on their age, activity level, and health. It is important to consult with a veterinarian to determine the appropriate amount of exercise for your horse.

## **Housing**

Horses need a safe and comfortable place to live. Their housing should provide protection from the elements, predators, and other hazards.

There are a variety of different housing options available for horses. The best housing for your horse will depend on their individual needs and preferences.

## **Training Your Horse**

Training is an important part of horse ownership. Training helps to establish a bond between you and your horse. It also helps to teach your horse the skills they need to be safe and well-behaved.

There are a variety of different training methods available. The best training method for your horse will depend on their individual personality and learning style.

It is important to be patient and consistent when training your horse. Training should be a positive experience for both you and your horse.

## **Riding Your Horse**

Riding a horse is a great way to bond with your horse and enjoy the outdoors. However, it is important to remember that riding a horse is a privilege, not a right. It is important to be respectful of your horse and to ride them safely.

There are a variety of different riding disciplines available. The best riding discipline for you will depend on your individual interests and abilities.

It is important to take riding lessons from a qualified instructor. Riding lessons will help you to learn how to ride safely and effectively.

## **Bonding With Your Horse**

Bonding with your horse is one of the most important aspects of horse ownership. A strong bond between you and your horse will make all other aspects of horse ownership more enjoyable.

There are a variety of different ways to bond with your horse. Some of the best ways to bond with your horse include:

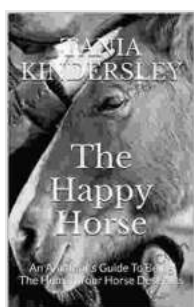
- Spending time with your horse
- Grooming your horse

- Playing with your horse
- Training your horse
- Riding your horse

Bonding with your horse takes time and effort. But it is worth it. A strong bond between you and your horse will make your horse happier and healthier. It will also make your horse ownership experience more enjoyable.

Being a good horse owner is a rewarding experience. By following the tips in this article, you can be the human your horse deserves. You can provide them with the proper care, training, and attention they need to be happy and healthy.

Remember, horses are amazing creatures that can bring us so much joy and companionship. By being a good horse owner, you can return the favor and give your horse the life they deserve.



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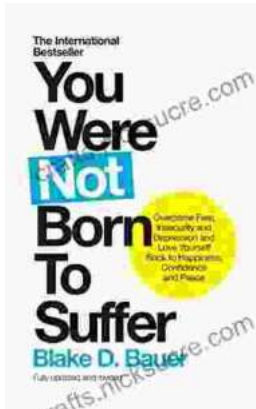
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